

# **XXI EME MEETING INTERNATIONAL ANTILLES - GUYANE DES ESPOIRS DE LA NATATION**

15 AU 17 AVRIL 2011

**PROGRAMME**



# **M.I.A.G.E.**

**GUYANE - GUADELOUPE  
MARTINIQUE - SURINAME**



[www.uslm-pacoussines.fr](http://www.uslm-pacoussines.fr)



**XXIEME MEETING INTERNATIONAL ANTILLES-GUYANE DES ESPOIRS  
DE LA NATATION**  
*21srth THE ANTILLES-FRENCH GUYANA INTERNATIONAL MEETING OF THE HOPES  
OF SWIMMING*

**Déroulement de la compétition**

*Progress of the competition*

**VENDREDI 14 AVRIL 2011**  
**FRIDAY, APRIL 14TH**

Réunion technique : 15h00 au Centre Nautique des PACOUSSINES  
*Technical meeting before competition : 3 :00PM in the Pacoussines Swimming Center*

Ouverture des portes & échauffement : 16h30  
*Opening of doors and training : 4 :30PM*  
Fins des essais chrono - évacuation bassin : 17h50  
*End of tries of chronometers - evacuation of pool : 5:50PM*  
Début des épreuves : 18h00  
*Beginning of events : 6:00PM*

**COURSE 1 - EVENT 1**

400 m.NL Benjamines Dames  
*400m Freestyle Ladies born in 1998 and 1999*  
400 m.NL Benjamins Messieurs  
*400m Freestyle Men born in 1998 and 1999*

**COURSE 2 - EVENT 2**

100 m .4 Nages Avenirs/Poussines Dames  
*100m Medley Ladies born in 2000 and after*  
100 m .4 Nages Avenirs/Poussins Messieurs  
*100m Medley Men born in 2000 and after*

Remise de récompenses du 400m.nl course 1  
*Prizes-giving ceremony of the 400M freestyle - event 1*

**COURSE 3 - EVENT 3**

400 m.NL Minimes Dames  
*400m Freestyle Ladies born in 1996 and 1997*  
400 m.NL Minimes Messieurs  
*400m Freestyle Men born in 1996 and 1997*

Remise de récompenses du 100.4 Nages et du 400m.NL courses 2 et 3  
*Prizes-giving ceremony of 100m Medley and 400m freestyle - events 2 and 3*

Plus d'information  
*More informations*

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**SAMEDI 16 AVRIL 2011**  
**SATURDAY, APRIL 15TH**

Ouverture des portes / Echauffement : 14h30  
*Opening of doors and training :* 2 :30PM  
Fins des essais chrono et évacuation bassin : 15h50  
*End of tries of chronometers - evacuation of pool :* 3:50PM  
Défilé des délégations : 16h00  
*Parade of clubs around the pool :* 4:00PM  
Début des épreuves : 16h30  
*Beginning of events :* 4:30PM

**COURSE 1 - EVENT 1**

50 m Papillon Avenir/Poussines Dames  
*50m Butterfly Ladies born in 2000 and after*  
100 m Papillon Benjamines Dames  
*100m Butterfly Ladies born in 1998 and 1999*  
100 m Papillon Minimes Dames  
*100m Butterfly Ladies born in 1996 and 1997*

**COURSE 2 - EVENT 2**

50 m Dos Avenirs/Poussins Messieurs  
*50m Backstroke Men born in 2000 and after*  
100 m Dos Benjamins Messieurs  
*100m Backstroke Men born in 1998 and 1999*  
100 m Dos Minimes Messieurs  
*100m Backstroke Men born in 1996 and 1997*

**COURSE 3 - EVENT 3**

50 m Brasse Avenirs/Poussines Dames  
*50m Breatstroke Ladies born in 2000 and after*  
100 m Brasse Benjamines Dames  
*100m Breatstroke Ladies born in 1998 and 1999*  
100 m Brasse Minimes Dames  
*100m Breatstroke Ladies born in 1996 and 1997*

Remise de récompenses des courses n° 1 - 2 et 3  
*Prizes-giving ceremony of the events 1 - 2 and 3*  
Possibilité d'utiliser le bassin en récupération  
*Possibility of using the pool to recover*

**COURSE 4 - EVENT 4**

50 m NL Avenirs/Poussins Messieurs  
*50m Freestyle Men born in 2000 and after*  
100 m NL Benjamins Messieurs  
*100m Freestyle Men born in 1998 and 1999*  
100 m NL Minimes Messieurs  
*100m Freestyle Men born 1996 and 1997*

Remise de récompenses course n° 4  
*Prizes-giving ceremony of the event 4*

**Course 5 - EVENT 5**

Relais 4x100m.4 Nages Dames  
*Relay 4x100m Medley Ladies*  
Relais 4x100m.4 Nages Messieurs  
*Relay 4x100m Medley Men*

Remise de récompenses course n° 5  
*Prizes-giving ceremony of the event 5*



**DIMANCHE 17 AVRIL 2011**  
**SATURDAY, APRIL 17TH**

Ouverture des portes / Echauffement : 07h30  
*Opening of doors and training :* 7 :30AM  
Fins des essais chrono et évacuation bassin : 08h50  
*End of tries of chronometers - evacuation of pool :* 8:50PM  
Début des épreuves : 09h00  
*Beginning of events :* 9:00AM

**COURSE 1 - EVENT 1**

50 m Papillon Avenirs/Poussins Messieurs  
*50m Butterfly Men born in 2000 and after*  
100 m Papillon Benjamins Messieurs  
*100m Butterfly Men born in 1998 and 1999*  
100 m Papillon Minimes Messieurs  
*100m Butterfly Men born in 1996 and 1997*

**COURSE 2 - EVENT 2**

50 m Dos Avenir/Poussines Dames  
*50 m Backstroke Ladies born in 2000 and after*  
100 m Dos Benjamins Dames  
*100 m Backstroke Ladies born in 1998 and 1999*  
100 m Dos Minimes Dames  
*100 m Backstroke Ladies born in 1996 and 1997*

**COURSE 3 - EVENT 3**

50 m Brasse Avenirs/Poussins Messieurs  
*50m Breatstroke Men born in 2000 and after*  
100 m Brasse Benjamins Messieurs  
*100m Breatstroke Men born in 1998 and 1999*  
100 m Brasse Minimes Messieurs  
*100m Breatstroke Men born in 1996 and 1997*

*Remise de récompenses des courses n° 1 - 2 et 3*  
*Prizes-giving ceremony of the events 1 - 2 and 3*  
*Possibilité d'utiliser le bassin en récupération*  
*Possibility of using the pool to recover*

**COURSE 4 - EVENT 4**

50 m NL Avenirs/Poussines Dames  
*50m Freestyle Ladies born in 2000 and after*  
100 m NL Benjamins Dames  
*100m Freestyle Ladies born in 1998 and 1999*  
100 m NL Minimes Dames  
*100m Freestyle Ladies born 1996 and 1997*

*Remise de récompenses course n° 4*  
*Prizes-giving ceremony of the event 4*

**COURSE 5 - EVENT 5**

Relais 4x 50m NL Messieurs  
*Relay 4x50m Freestyle Men*  
Relais 4x 50m NL Dames  
*Relay 4x50m Freestyle Ladies*

*Remise de récompenses course n° 5*  
*Prizes-giving ceremony of the event 5*

Ballet de Natation Synchronisée  
*Ballet of synchronized swimming*

*Cérémonie de Remise des trophées*  
*Ceremony of delivery of trophies*