



XXXI CARIFTA CHAMPIONSHIPS

*WATER POLO
SYNCHRO
SWIMMING*

22 - 26 MARCH 2016

MARTINIQUE

A FINA APPROVED QUALIFIER OF THE OLYMPIC GAMES
RIO 2016

MEET SUMMONS

XXXI CARIFTA 2016 SWIMMING, SYNCHRONIZED SWIMMING, WATER POLO AND OPEN WATER SWIMMING CHAMPIONSHIPS

The championships will be held at the following locations in accordance with the itinerary shown below:

- **Swimming** : Communitary aquatic complex of CACEM, Lamentin
- **Open water** : Saint-Pierre and Carbet
- **Water polo** : Communitary aquatic complex of CACEM, Lamentin
- **Synchronized swimming** : Communitary aquatic complex of CACEM, Lamentin

SCHEDULE	
Dates of Arrival	March 21, 2016
Technical Meetings swimming	March 21, 2016 at 7:00pm
Caribbean Cocktail	March 21, 2016 at 9:00pm
Opening Ceremony	March 22, 2016 at 5:30pm
Technical Meetings synchronized	March 23, 2016 at 3:30pm
CARIFTA Congress	March 24, 2016 at 12:15- 2:00pm
Closing Ceremony	March 26, 2016 at 6:30pm
Dates of Departure	March 27, 2016

DATES OF COMPETITIONS	
Swimming	March 22 to 25, 2016
Open Water	March 26, 2016
Water Polo	March 22 to 25, 2016
Synchronized Swimming	March 24 to 26, 2016

START TIMES OF COMPETITIONS	
Water Polo	9:00 pm to 11:30 pm
Synchronized Swimming	1:00pm (8:30am March 26)
Swimming	Prelims at 9:00 am and Finals at 5:30pm
Open Water	10:00am

XXXI CARIFTA CHAMPIONSHIPS

1. INVITED FEDERATIONS

- | | |
|----------------------|---------------------------------|
| 1. Antigua & Barbuda | 13. Jamaica |
| 2. Aruba | 14. Martinique |
| 3. Bahamas | 15. Netherland Antilles |
| 4. Barbados | 16. Sint Maarten |
| 5. Bermuda | 17. St. Kitts & Nevis |
| 6. Cayman Islands | 18. St. Lucia |
| 7. Dominica | 19. St Vincent & The Grenadines |
| 8. French Guiana | 20. Suriname |
| 9. Grenada | 21. The British Virgin Islands |
| 10. Guadeloupe | 22. The US Virgin Islands |
| 11. Guyana | 23. Trinidad & Tobago |
| 12. Haïti | 24. Turks & Caicos Islands |

2. COMPETITION RULES

2.1. THE COMPETITIONS

The competitions will be conducted in accordance with FINA Rules 2013-2017 in force at the start of the competition. FINA Rule SW 4.4 shall be applied.

In the preliminary heats of swimming, the start shall be "over the top" in the freestyle, breaststroke and butterfly events.

2.2. INTERPRETATIONS

The Organizing Committee of CARIFTA 2016 and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to these Championships. Nominations for the Jury of Appeal should be submitted at the Technical Meetings.

Synchronized Swimming

a) Competitors will compete in the following age groups:

- * 12 & Under Female
- * 13-15 Female
- * 16-18 Female

b) A synchronized swimmers age group shall be determined by the age of the swimmer as of midnight on 31st December 2015.

Water polo

a) Competitors will compete in the following age groups:

- * In odd years
- * 15 & under in both male and female divisions
- * 18 & under in both male and female divisions

- b) A water polo player's age group shall be determined by the age of the swimmer as of midnight on 31st December 2015.

Swimming

- a) Competitors will compete in the following age groups: 11-12 Female & Male 13-14 Female & Male 15-17 Female & Male.
- b) The swimmer's age group shall be determined by the age of the swimmer as of midnight on 31 st December 2015.

Open Water Swimming

- a) Competitors will compete in the following age groups:
- * 13-14 Female & Male
 - * 15-17 Female & Male
- b) The swimmer's age group shall be determined by the age of the swimmer as of midnight on 31st December 2015.

3. ELIGIBILITY

- A.** All participating Federations must be in good standing with FINA and all other affiliated members.
- B.** All participating Federations must be in good financial standing with all Federations invited to participate in the CARIFTA Swimming Championships.
- C.** All Competitors must be either citizens of the Country they represent whether by birth or naturalization, provided that a naturalized citizen shall have lived in that Country for at least one year prior to the entry deadline for the Championships. Additionally, non-citizens may be entered providing the competitor has been resident in the Country for one year prior to the entry deadline and must not have swum for another Country during that period.
All Competitors must also be registered with, or a member of, the Swimming Federation of the Country that they represent.
- D.** Competitors who are non-citizens would be required to present 'proof of residency' documents which could be proof of club membership, proof of attendance at school of any other organization.
- E.** If a Country enters a competitor that is not a citizen of that country by birth or naturalization, the code for that country shall be changed by adding "AG" to the designated three letter FINA Country code and used throughout the competition e.g. BAR shall be changed to BAR-AG.
- F.** Federations with swimmers attempting to qualify for CCCAN must be (a) also be in good

standing with CCCAN and (b) in accordance with FINA rule GR 3.2, for non-CCCAN federations, present letter from their Zone President or Secretary authorizing them to compete in this competition outside their Zone. This will apply to CONSANAT and the French federations.

4. PRELIMINARY ENTRIES

Preliminary Entries in each discipline must be made using the Preliminary Entry forms attached and must reach the Chairperson of the Organizing Committee by Monday, January 04, 2016.

Pointe d CRNM - Comité régional de Natation de Martinique
Maison des Sports - Pointe de la Vierge
Rue du Petit Pavois
97200 Fort-de-France
Tel (+596)596 616668
E-mail: natation.martinique@wanadoo.fr
Web: <http://martinique.ffnatation.fr>

5. FINAL ENTRIES

The final entries must be submitted to the Organizing Committee by tuesday, March 1st, 2016 by 6:00pm. Swimming entries must be submitted by using Excel filed attached. Final Entries must include the following details:

- A. Name, sex, and date of birth of each swimmer/ synchronized swimmer/open water swimmer/water polo swimmer.
- B. Events being entered by each swimmer/synchronized swimmer/open water swimmer
- C. Entry time for seeding purposes (swimming only)
- D. Names of Team Officials and the position held by each official
- E. Names of qualified persons and capacity in which they are willing to serve as Meet officials
- F. Passport size photographs of each athlete team and meet official.
- G. Photographs must be submitted in electronic format as .jpg file. Each picture (.jpg file) must specify the full name and Country of the competitor. Photographs must also be compressed in zip format for efficient transmission. The zip file must be labeled with the name of the Country and discipline. Please submit separate zip files for each discipline.
- H. A profile of each swimmer, team and meet official. Profiles should include National and International achievements
- I. Details of arrival and departure of all swimmers, team and meet officials (see attached form).
- J. Despite entry submission in electronic format, a team or meet manager's printout, signed by the President or General Secretary of the Federation with the Association's stamp affixed must be faxed or emailed to the Organizing Committee by the deadline date of tuesday, March 1st 2016.

Advanced payments for Countries participating in Carifta 2016 as agreed at the Congress of the 2015 Carifta held in Barbados the following shall apply:

1. Federations have to pay a deposit of 20% (1st March) of total cost with the submission of final entries and rooming list

2. Federations that fail to pay the 20% deposit with the submission of the final entries will require to pay a 5% penalty (on the total cost due), if the 20% deposit is not received within five (5) working days from the date the final entries are due
3. The Organizing country is required to send an invoice to each participating Federation within ten (10) days of the date of the final entries and rooming list which will reflect the deposit received and the outstanding balance due. The remaining balance must be paid on the arrival of the team prior to the commencement of the competition.

6. ENTRY RULES

Swimming:

- A. There will be a limit of 8 competitors in each sex per age group to a maximum of 36 swimmers.
- B. There is no limit to the number of events per swimmer.
- C. No substitutions or alternates will be accepted after the final entries have been submitted, except in relays. All relay participants must have been entered in the meet.
- D. No competitor will be able to participate in an age group outside of his age group, even if it were in an age group older than the competitor.
- E. Each Country will be limited to two (2) competitors per individual event and one (1) team per relay event.
- F. In the relays each Country must enter 4 competitors. The order of the swimmers in each relay of the day's proceedings must be handed in to the Clerk of Course one hour before the start of each session.
- G. Individual events exceeding 200 metres will be Timed Finals. All other events will have preliminary heats with one final event
- H. Scratches must be presented 30 (thirty) minutes prior to the start of the finals. Failure to comply with the above would trigger the following penalty: A fine of US\$100.00 to be paid immediately upon reporting the scratch. The team will be denied future participation if fine is not paid. Any claims to illness must be supported by medical verification. (Carifta Guidelines).

The following procedure will be followed for events in excess of 200 metres.

* As decided in the 2015 Congress:

In events 400 meters & over, "NT" is no longer permitted.

400m Timed Final events: all heats except the fastest heat will be swum in the morning session. The fastest heat will be swum in the evening session. 800 & 1500 freestyle for the 13-14 and 15-17 age groups will be swum together, with the results and scoring published by age groups. All heats will be swum fastest to slowest, alternating Girls and Boys.

400 Individual Medley for the 11-12 and 13-14 age groups will be swum together, with the results and scoring published by age groups.

PROOF OF TIMES MUST ACCOMPANY ENTRIES FOR EVENTS 400 METERS & OVER.

Accepted as proof of times are copies of meet results (April 2015-March 2016) indicating the location at which the times were achieved, signed by the meet referee or the President of the National Federation. All times must be swum and submitted as long course meters. In the event

athletes only have SCY or SCM times, these must also be submitted but clearly identified as converted times.

Furthermore, the following qualifying standards for the 800m and 1500m freestyle will be enforced.

AGE GROUP	FEMALE(800)	MALE (1500)
13-14	10:47.16	19:33.09
15-17	10:20.09	19:05.98

- I. The eight (8) fastest swimmers in the preliminaries will qualify for the finals. The 9th and 10th fastest in each preliminary event will be designated as alternates for the finals.
- J. Seeding for the preliminary events will be in accordance with FINA Rule SW3.
- K. Any event containing eight (8) or more entries will automatically be a final.
- L. As agreed at Congress 2013, Jamaica and reconfirmed at Congress 2014, Aruba there will be random drug testing at Carifta Meets. At this Carifta drug testing will be limited to the 13-14 and 15-17 Age Groups.

Synchronized swimming

- A. Teams wishing to participate in Synchro at Carifta must confirm their participation by January 4th 2016 with a 20% non-refundable deposit as flight arrangements need to be made early by the Federations in order to secure good rates and to confirm group travel. (Congress 2014, Aruba)
- B. The Organizing Committee will invite Non-CARIFTA Federations &/or Club Teams to participate in the Synchronized Swimming Competitions.
- C. Each participant in the Championship must be a member of a Federation duly Constituted and affiliated to FINA, or a club or regional team, or national team duly constituted and affiliated to a National Federation.
- D. Club Teams need to present a letter of good standing by their Federation upon arrival.
- E. Each Federation / Club may enter two (2) solos, two (2) duets and one (1) team per age group.
- F. The team must comprise a minimum of four (4) and a maximum of eight (8) competitors.
- G. No competitor may participate out of her age group, even it were an older age group than that of the competitor.

Water Polo

- A. Teams wishing to participate in Water Polo at Carifta must confirm their participation by January 4th 2016 with a 20% non-refundable deposit as flight arrangements need to be

made early by the Federations in order to secure good rates and to confirm group travel.
(Congress 2014, Aruba)

- B. Each Country may enter one (1) team per age group
- C. The team must comprise a minimum nine (9) and a maximum of thirteen (13) players
- D. The competition system will be based on the number of participating teams
- E. In the event that only two teams participate, the Championships will be decided in a three game series. The first team to win two games will be awarded the Gold Medal
- F. If more than two (2) teams participate, a single round robin will be played. The standings will be determined by awarding two (2) points per win and one (1) per tie. The team with the most points will be awarded the Gold Medal, second the Silver etc. In the event that the teams are tied on points, the winner of the game between those two teams will determine the placing. In the event that the teams play to a tie, the team with the better goal average will be awarded the higher placing.
- G. The final competition program will be determined at the Technical Meeting. The Organising Committee will undertake an evaluation after receiving the preliminary entries. If changes become apparent due to the number of entries, the affected Federations will be consulted.

Open Water swimming

- A. Each Country shall be able to enter a maximum of three (3) competitors per Individual event, in men and women.
- B. Athletes will participate only if they are represented by their delegate from their country at the championship. The competitor's representative must sign and include with the entry form a document exonerating others of responsibility
- C. All competitors shall be subject to a compulsorily medical examination in the venue of the event before the start of the event. Information on this will be provided at the Technical Meeting.
- D. The place and time for the competitions, as well as the plan with the characteristics of the route will be provided to Delegations in the Technical Meeting.
- E. There will be random drug testing for these events in both Age Groups.

7. TEAM OFFICIALS

Each participating Country may include in its delegation, at the cost indicated in Section 11, the following officials:

NB: The following persons are included in the below allocation of team officials: Doctors, Masseurs, Physiotherapists, Chaperones, Managers/Chefs de mission and Coaches. Each of these persons must state the capacity in which they are functioning as team officials.

Swimming

- A. Delegations of twelve (12) competitors or less will be allowed three (3) team officials.
- B. Delegations of thirteen (13) to twenty four (24) competitors will be allowed five (5) team officials.
- C. Delegations of twenty five (25) to thirty six (36) competitors will be allowed seven (7) team officials.

Synchronized swimming

- A. Delegations of four (4) competitors or less will be allowed one (1) team official.
- B. Delegations of five (5) or more competitors will be allowed two (2) officials.
- C. Delegations will be allowed two (2) qualified judges in addition to the above.

Water Polo

Delegations of thirteen (13) competitors or less (1 team) will be allowed three (3) teams officials.

- A. Delegations of fourteen (14) to twenty six (26) competitors (2 teams) will be allowed five (5) team officials.
- B. Delegations of twenty seven (27) to fifty two (52) competitors (3 teams) will be allowed nine (9) team officials.
- C. Delegations will be allowed one (1) qualified Referee.

Open Water

- A. 2 Officials

Teams from non-French- speaking countries will also be entitled to an additional official to serve as a translator. The Organizing Committee will endeavor to provide a bilingual liaison officer to be available throughout the competition or as required.

Please note that excess Team Officials will not be entitled to the team rate.

8. REGISTRATION/ACCREDITATION PROCEDURE

- A. On arrival at the Games Village, teams will be checked in and allocated rooms based on the pre-allocation rooming list. If no room allocation list was provided the OC will allocate rooms prior to the team's arrival.
- B. The Head of Delegation/Manager will be taken to the CRNM Office to complete the following:
 - 1. Delegations will pay to the Organizing Committee the sum total of meet fees as invoiced by the Host Country based on the final entries. Invoices will be sent to the National Federations prior to arrival. Fees must be paid as followed choosing one method of payment:
 - a) prior to arrival by wire transfer in Euros
 - b) Credit card - Master/Visa card. American Express Cards will not be accepted.

Wire transfer

If payment by wire transfer is the preferred method of payment wire transfer instructions are detailed below:

Telegraphic Transfer Instructions:

BANK ACCOUNT # 00136039732
BRED BANQUE POPULAIRE
12, BOULEVARD GENERAL DE GAULLE
97200 FORT-DE-FRANCE
IBAN : FR76 1010 7006 2200 1360 3973 296
CODE BIC : BREDFRPPXXX

Please note that commission charges must be paid by the National Federation and that meet fees received by the host Country must equate the amount invoiced.

The following accreditation procedures will be conducted simultaneously with the Technical meeting.

2. The athletes' proof of age and eligibility will be verified at this time. Athletes' proof of age and eligibility must be provided in the form of a passport and residency documents.
3. Accreditation badges will be issued to each member of the official delegation after payment has been received.
4. Submission of FOUR (4) flags and anthems.
5. The accreditation badge must be worn at all times. The loss of an accreditation badge must be reported to the competition secretariat and will be replaced at a cost of US \$25.00.

9. FEES

Meet Fees for the Championships are as follows:

1. Meet Fee - US \$60.00 per night per member of the Official Delegation (swimmers, team officials & sanctioned technical officials) inclusive of breakfast, and dinner based on four (4) persons in a room or such a number as determined by the male/female ratio and total number of persons in the delegation.
2. If a specific request is made by a Federation for accommodation other than 4 persons per room, the following rates will apply (inclusive of breakfast and dinner).
 - Triple occupancy US\$ 85.00 per person per night inclusive of breakfast & dinner
 - Double occupancy US\$100.00 per person per night inclusive of Breakfast & dinner
 - Single occupancy US\$160.00 per person per night inclusive of breakfast & dinner
3. Swimming entry Fee US \$3.50 per swimmer per event
4. Swimming relay entry fee US \$7.50 per team per event
5. Synchronized swimming figures entry fee US \$5.00 per swimmer
6. Synchronized swimming routine entry fee US \$5.00 per Solo, Duet or Team
7. Water Polo entry fee US \$100.00 per water polo team
8. Open Water entry fee US\$3.50 per person
9. Lunch will be served at the Hotel US\$10.00 per person per day.
10. Transportation fee of US\$30.00 per delegation member and approved technical officials for the period March 21-27, 2016 inclusive of (arrivals & departures, hotel/competition venue & return.)

10. TECHNICAL MEETINGS :

Monday March 21st, General Technical Meeting at 7:00pm.

1. Welcome & introductions
2. Description of Games Village
3. Description of Competition Venue
4. Transportation schedule
5. Opening/closing ceremonies

Synchronized Swimming, Water Polo, Swimming & Open Water Officials Technical Meeting following General Technical Meeting

Review of entries

1. Submission of corrections. Corrections must be submitted in writing and signed by the head coach of the delegation or delegation's representative at the meeting
2. Submission of nominees for the Jury of Appeal
3. Outline of configuration of pool and location of officials
4. Any other technical matters

Open Water

Review of Entries

1. Submission of corrections. Corrections must be submitted in writing and signed by the head coach of the delegation or the delegation's representative at the meeting
2. Submission of the nominees for the Jury of Appeal
3. Outline of configuration of the course and location of officials
4. Any other Technical Matters

11. PROTESTS

All protests to the Referees' decision must be submitted to the Referee in writing within 30 minutes after the event, signed by the Delegation's Representative and accompanied by US \$25. If the protest is upheld the fee will be returned to the Delegation's leader.

12. JURY OF APPEAL

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each country shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations should be submitted in writing at the Technical Meeting on March 21st, 2016-swimming and March 26th water polo and synchronized swimming.
- C. The Jury of Appeal shall be comprised of 3 disinterested persons drawn from the pool of nominees submitted by each country.

13. SCORING AND AWARDS

Points will be awarded as follows:

For swimming, the points will be as follows:

9-7-6-5-4-3-2-1

Points will be double for the relays in swimming

For open water, points will be awarded to the first eight (8) places as follows:

9-7-6-5-4-3-2-1

For water polo, points will be as follows:

18-14-12-10-8-6-4-2

For synchronized swimming points will be as follows:

Solos and figures: 9-7-6-5-4-3-2-1

Duets: 18-14-12-10-8-6-4-2

Team: 27-21-18-15-12-9-6-3

- A. All disciplines: Independent scoring will be kept in each discipline with the trophies awarded to the top three teams overall in each discipline.
- B. All disciplines: Trophies will be presented during the final session on the last day.
- C. Swimming - Medals will be awarded to 1st, 2nd and 3rd place in each event.
- D. Swimming - A Performance Trophy will be awarded in each age group to the swimmer who scores the highest FINA points in a single event.
- E. Swimming - A High Point Trophy will be presented to the champion in each age group (female & male).
- F. Swimming - Medals will be presented during the evening sessions.
- G. Synchronized swimming - places will be determined according to the swimmers' scores.
- H. Synchronized Swimming - Medals will be awarded to 1st, 2nd and 3rd place in each event (only one entry per Country can win a medal).
- I. Water Polo-medals will be awarded to 1st, 2nd & 3rd place in each age group, including the team Coach.
- J. Water Polo-Trophies will be awarded to the top goal scorer, best defensive player and the best goalie in each age group.

Certificate of participation

Each Competitor in these Championships shall receive a certificate from the host Country in recognition of their participation. (Carifta guidelines)

Record certificates will be presented to competitors establishing new meet records at the closing ceremony. (Carifta guidelines)

14. OPENING OF POOL

Swimming:

The pool will be opened 90 minutes before the scheduled start of the Competition Session except prior to the Opening Ceremony-session 2-swimming when the pool will be opened 90 minutes before the start of the Ceremony. The pool will be closed 20 minutes before the start of the competition.

Water Polo & synchronized swimming:

The pool will be available for warm up 45 minutes before competition.

15. FLAGS AND ANTHEMS

Each Delegation shall provide:

- A. Four (4) flags of their Country no larger than 4 feet by 6 feet.
- B. A compact disk of their National Anthem with a time span of no longer than 30 seconds.

16. CEREMONIES

- A. There will be an Opening Ceremony on the first day of the Swimming Championships, March 22nd, 2016 at 5:30 PM at the competition venue.
- A. There will be a Closing Ceremony at the end of the competition to take place on March 26.

17. TRANSPORTATION

- A. Teams are responsible for arranging their own transportation to and from Martinique and the cost there-of.
- A. Official delegations and approved technical officials will be met at the Aimé Cesaire International Airport by Volunteers and transported to the Games Village.
- A. Official delegations and approved technical Officials will be transported from the Games Village to the Airport for departure at the end of the Championships.
- A. Official Delegations and approved technical Officials will be transported between the Games Village and the Competition Venue. A Transportation schedule will be published.

18. ACCOMMODATION AND MEALS

- A. Dinner will be provided on Monday, March 21st, 2016. Breakfast, lunch and dinner will be provided from Tuesday, March 22nd until Saturday March 26, and breakfast on Sunday, March 27, 2016.
- B. NOTE: The rates indicated above are valid only for the stated period (March 21-27, 2016). Should your delegation arrive earlier or depart later than the dates outlined in the summons higher rates may apply.

19. CONTACT INFORMATION

Mrs. Néferti BAZABAS
Cellphone +596 696 989526

Pointe d
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Maison des Sports - Pointe de la Vierge
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97200 Fort-de-France
Tel (+596)596 616668
E-mail: natation.martinique@wanadoo.fr
Web: <http://martinique.ffnatation.fr>

20. TECHNICAL OFFICIALS

Qualified individuals may apply to the Organizing Committee to act as Technical Officials in the Swimming, Synchronized Swimming or water polo competitions.

Application forms should be completed by the Technical Official, signed by the Federation President or Secretary and submitted to the Organizing Committee's Chairperson not later than January 04, 2016. Officials who are accepted will be accommodated in the Games Village and will then enjoy the accommodation and transportation rates quoted for the official delegation.

Officials who are selected will be notified by February 01st 2016.

21. SUPPORTERS

The Organizing Committee will be arranging a Supporters' Package that will include accommodation, transportation, admission & heat sheets. Additional information will be sent at a later date as well as will be posted on the CRNM website <http://martinique.ffnatation.fr>

COMPETITION PROGRAMME – SWIMMING, ORDER OF EVENTS

DAY 1, March 22, 2016

Session # 1 - Start: 9:00 AM	Session # 2 - Start 6:00 PM: Opening Ceremony 5:30 PM
Event 1 F 800 M Freestyle (slower heats) 13-14 & 15-17 Timed Finals	Event 1 F 800 M Freestyle (fastest heat) 13-14 & 15-17 Timed Finals
Event 2 M 1500 M Freestyle (slower heats) 13-14 & 15-17 Timed Finals	Event 2 M 1500 M Freestyle (fastest heat) 13-14 & 15-17 Timed Finals
Event 3/4 F/M 200 M Breaststroke 11-12 Prelims	Event 3/4 F/M 200 M Breaststroke 11-12 Finals
Event 5/6 F/M 200 M Breaststroke 13-14 Prelims	Event 5/6 F/M 200 M Breaststroke 13-14 Finals
Event 7/8 F/M 200 M Breaststroke 15-17 Prelims	Event 7/8 F/M 200 M Breaststroke 15-17 Finals
Event 9/10 F/M 50 M Backstroke 11-12 Prelims	Event 9/10 F/M 50 M Backstroke 11-12 Finals
Event 11/12 F/M 50 M Backstroke 13-14 Prelims	Event 11/12 F/M 50 M Backstroke 13-14 Finals
Event 13/14 F/M 50 M Backstroke 15-17 Prelims	Event 13/14 F/M 50 M Backstroke 15-17 Finals
Event 15/16 F/M 100 M Butterfly 11-12 Prelims	Event 15/16 F/M 100 M Butterfly 11-12 Finals
Event 17/18 F/M 100 M Butterfly 13-14 Prelims	Event 17/18 F/M 100 M Butterfly 13-14 Finals
Event 19/20 F/M 100 M Butterfly 15-17 Prelims	Event 19/20 F/M 100 M Butterfly 15-17 Finals
Event 21/22 F/M 4x100 M Freestyle relay 11-12 Prelims	Event 21/22 F/M 4x100 M Freestyle relay 11-12 Finals
Event 23/24 F/M 4x100 M Freestyle relay 13-14 Prelims	Event 23/24 F/M 4x100 M Freestyle relay 13-14 Finals
Event 25/26 F/M 4x100 M Freestyle relay 15-17 Prelims	Event 25/26 F/M 4x100 M Freestyle relay 15-17 Finals

DAY 2, March 23, 2016

Session # 3 - Start: 9:00 AM	Session # 4 - 23rd Start 5:30 PM
Event 27/28 F/M 200 M Freestyle 11-12 Prelims	Event 27/28 F/M 200 M Freestyle 11-12 Final
Event 29/30 F/ M 200 M Freestyle 13-14 Prelims	Event 29/30 F/ M 200 M Freestyle 13-14 Final
Event 31/32 F/M 200 M Freestyle 15-17 Prelims	Event 31/32 F/M 200 M Freestyle 15-17 Final
Event 33/34 F/M 50 M Butterfly 11-12 Prelims	Event 33/34 F/M 50 M Butterfly 11-12 Final
Event 35/36 F/M 50 M Butterfly 13-14 Prelims	Event 35/36 F/M 50 M Butterfly 13-14 Final
Event 37/38 F/M 50 M Butterfly 15-17 Prelims	Event 37/38 F/M 50 M Butterfly 15-17 Final
Event 39/40 F/M 100 M Backstroke 11-12 Prelims	Event 39/40 F/M 100 M Backstroke 11-12 Final
Event 41/42 F/M 100 M Backstroke 13-14 Prelims	Event 41/42 F/M 100 M Backstroke 13-14 Final
Event 43/44 F/M 100 M Backstroke 15-17 Prelims	Event 43/44 F/M 100 M Backstroke 15-17 Final
Event 45/46 F/M 400 M IM (slower heats) 11-12 Timed Finals	Event 45/46 F/M 400 M IM (fastest heat) 11-12 Timed Finals
Event 47/48 F/M 400 M IM (slower heats) 13-14 Timed Finals	Event 47/48 F/M 400 M IM (fastest heat) 13-14 Timed Finals
Event 49/50 F/M 400 M IM (slower heats) 15-17 Timed Finals	Event 49/50 F/M 400 M IM (fastest heat) 15-17 Timed Finals
Event 51/52 F/M 4x100 M Medley relay 11-12 Prelims	Event 51/52 F/M 4x100 M Medley relay 11-12 Final
Event 53/54 F/M 4x100 M Medley relay 13-14 Prelims	Event 53/54 F/M 4x100 M Medley relay 13-14 Final
Event 55/56 F/M 4x100 M Medley relay 15-17 Prelims	Event 55/56 F/M 4x100 M Medley relay 15-17 Final

COMPETITION PROGRAMME – SWIMMING, ORDER OF EVENTS

DAY 3, March 24, 2016

Session # 5 - Start: 9:00 AM	Session # 6 - Start 5:30 PM
Event 57/58 F/M 200 M Individual Medley 11-12 Prelims	Event 57/58 F/M 200 M Individual Medley 11-12 Final
Event 59/60 F/M 200 M Individual Medley 13-14 Prelims	Event 59/60 F/M 200 M Individual Medley 13-14 Final
Event 61/62 F/M 200 M Individual Medley 15-17 Prelims	Event 61/62 F/M 200 M Individual Medley 15-17 Final
Event 63/64 F/M 50 M Breaststroke 11-12 Prelims	Event 63/64 F/M 50 M Breaststroke 11-12 Final
Event 65/66 F/M 50 M Breaststroke 13-14 Prelims	Event 65/66 F/M 50 M Breaststroke 13-14 Final
Event 67/68 F/M 50 M Breaststroke 15-17 Prelims	Event 67/68 F/M 50 M Breaststroke 15-17 Final
Event 69/70 F/M 100 M Freestyle 11-12 Prelims	Event 69/70 F/M 100 M Freestyle 11-12 Final
Event 71/72 F/M 100 M Freestyle 13-14 Prelims	Event 71/72 F/M 100 M Freestyle 13-14 Final
Event 73/74 F/M 100 M Freestyle 15-17 Prelims	Event 73/74 F/M 100 M Freestyle 15-17 Final
Event 75/76 F/M 200 M Butterfly 11-12 Prelims	Event 75/76 F/M 200 M Butterfly 11-12 Final
Event 77/78 F/M 200 M Butterfly 13-14 Prelims	Event 77/78 F/M 200 M Butterfly 13-14 Final
Event 79/80 F/M 200 M Butterfly 15-17 Prelims	Event 79/80 F/M 200 M Butterfly 15-17 Final
Event 81/82 F/M 4x200 Free Relay 13-14 Prelims	Event 81/82 F/M 4x200 Free Relay 13-14 Final
Event 83/84 F/M 4x200 Free Relay 15-17 Prelims	Event 83/84 F/M 4x200 Free Relay 15-17 Final

DAY 4, March 25, 2016

Session # 7 - Start 9:00 AM	Session # 8 - Start 5:30 PM
Event 85/86 F/M 400 M Freestyle (slower heats) 11-12 Timed finals	Event 85/86 F/M 400 M Freestyle (faster heats) 11-12 Timed finals
Event 87/88 F/M 400 M Freestyle (slower heats) 13-14 Timed Finals	Event 87/88 F/M 400 M Freestyle (faster heats) 13-14 Timed Finals
Event 89/90 F/M 400 M Freestyle (slower heats) 15-17 Timed finals	Event 89/90 F/M 400 M Freestyle (faster heats) 15-17 Timed finals
Event 91/92 F/M 50 M Freestyle 11-12 Prelims	Event 91/92 F/M 50 M Freestyle 11-12 Final
Event 93/94 F/M 50 M Freestyle 13-14 Prelims	Event 93/94 F/M 50 M Freestyle 13-14 Final
Event 95/96 F/M 50 M Freestyle 15-17 Prelims	Event 95/96 F/M 50 M Freestyle 15-17 Final
Event 97/98 F/M 100 M Breaststroke 11-12 Prelims	Event 97/98 F/M 100 M Breaststroke 11-12 Final
Event 99/100 F/M 100 M Breaststroke 13-14 Prelims	Event 99/100 F/M 100 M Breaststroke 13-14 Final
Event 101/102 F/M 100 M Breaststroke 15-17 Prelims	Event 101/102 F/M 100 M Breaststroke 15-17 Final
Event 103/104 F/M 200 M Backstroke 11-12 Prelims	Event 103/104 F/M 200 M Backstroke 11-12 Final
Event 105/106 F/M 200 M Backstroke 13-14 Prelims	Event 105/106 F/M 200 M Backstroke 13-14 Final
Event 107/108 F/M 200 M Backstroke 15-17 Prelims	Event 107/108 F/M 200 M Backstroke 15-17 Final
Event 109/110 F/M 4x50 M Freestyle Relay 11-12 Prelims	Event 109/110 F/M 4x50 M Freestyle Relay 11-12 Final
Event 111/112 F/M 4x50 M Freestyle Relay 13-14 Prelims	Event 111/112 F/M 4x50 M Freestyle Relay 13-14 Final
Event 113/114 F/M 4x50 M Freestyle Relay 15-17 Prelims	Event 113/114 F/M 4x50 M Freestyle Relay 15-17 Final

Departure of Teams



SWIMMING CHAMPIONSHIPS 2016, MARTINIQUE
SWIMMING, SYNCHRONISED SWIMMING, WATER POLO
PRELIMINARY ENTRY FORM



The preliminary entry form must be returned to the CRNM no later than **January 04, 2016**.

(Please type or print in block letters):

Name of Federation:

Contact Person:

Address:

.....

Email Address:

Our Delegation will comprise:

SWIMMING						
Age category						
	12&under	13-15	16-18	Team Officials	Judges	Total
Female						
Male						
Sub-Total						

SYNCHRONISED SWIMMING						
Age Category						
	12&under	13-15	16-18	Team Officials	Judges	Total
Number of Swimmers						
Number of Solos						
Number of Duets						
Number of Teams						
Sub-Total						

WATER POLO			
	Female	Male	Total
# of Teams			
# of Teams Officials			
# of Referees			
Sub-Total			

TOTAL OF YOUR DELEGATION			
	FEMALE	MALE	TOTAL
# of Teams			
# of Team officials			
# of Referees			
TOTAL			

Date:

Signature:

STAMP, NAME & SIGNATURE of PRESIDENT or SECRETARY of FEDERATION

[Return by email to:natation.martinique@wanadoo.fr](mailto:natation.martinique@wanadoo.fr)



2016 CARIFTA SWIMMING CHAMPIONSHIPS MARTINIQUE APPLICATION FORM FOR TECHNICAL OFFICIALS



NAME: SIGNATURE

ADDRESS:

COUNTRY:

I apply to Officiate in: Swimming: ; Synchronised Swimming. Water Polo
Please tick appropriate box

THE POSITION I CAN FILL IS

I HAVE SERVED AS AN TECHNICAL OFFICIAL DURING THE PAST 4 YEARS: (List meets/events at which officiated)

a) NATIONAL:

.....

b) INTERNATIONAL:

MY PRESENT POSITION AS TECHNICAL OFFICIAL IS:

a) NATIONAL:

b) FINA: LIST #.....

This Form must be signed by the President or Secretary of the National Federation.

Name Title.....

Date.....

NOTES: (1) TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS

(2) THIS FORM MUST BE RETURNED BY EMAIL TO the

Organizing Committee of CARIFTA 2016

CRNM

EMAIL: natation.martinique@wanadoo.fr

NOT LATER THAN **JANUARY 04, 2016**