

**XXVIII CARIFTA
SWIMMING
CHAMPIONSHIPS**

**March 30-April 3, 2013
NATIONAL STADIUM
POOL**

KINGSTON, JAMAICA

MEET SUMMONS

1. DATE AND VENUE

DATE:	March 30, 2013 - April 3, 2013
VENUE 1: POOL SPECIFICATIONS:	National Stadium Swimming Pool 8 Lane, 50 Metre Pool with Colorado Electronic Timing 25 Metre warm up pool available
VENUE 2: POOL SPECIFICATIONS:	Bournemouth Bath Pool 8 Lane, 25 Metre pool Warm up pool
VENUE 3:	Discovery Bay, St. Ann for Open Water Swim
GAMES VILLAGE:	The Knutsford Court Hotel, New Kingston

2. SCHEDULE:

Friday, March 29th	Arrival of Teams Technical Meeting - 7:00 p.m. (Games Village) Technical Officials Meeting - 8:30 p.m. (Games Village)
Saturday, March 30th (Day 1):	Swimming Preliminary Heats - 9:00 a.m. Synchronized Swimming Figures Water Polo Competition Opening Ceremony 5:30 p.m. - 5:55 p.m. (Stadium Pool) Swimming Finals – 6:00 p.m.
Sunday, March 31st (Day 2):	Swimming Preliminary Heats - 9:00 a.m. Synchronized Swimming Solos Water Polo Competition Swimming Finals – 6:00 p.m.
Monday, April 1st (Day 3):	Swimming Preliminary Heats - 9:00 a.m. Synchronized Swimming Duets Water Polo Competition Swimming Finals – 6:00 p.m.
Tuesday, April 2nd (Day 4):	Swimming Preliminary Heats - 9:00 a.m. Synchronized Swimming Team Routines Water Polo Competition Congress 12:30 p.m. - 2:30 p.m. at the Games Village Swimming Finals – 6:00 p.m. Closing Ceremony after the Swimming Finals.
Wednesday April 3rd:	Open Water Swim – Discovery Bay, St. Ann 9:00 a.m. Start
Thursday April 4th:	Teams depart

3.0 INVITED FEDERATIONS

1. Antigua & Barbuda
2. Aruba
3. The Bahamas
4. Barbados
5. Bermuda
6. The Cayman Islands
7. Dominica
8. French Guyana
9. Grenada
10. Guadeloupe
11. Guyana
12. Jamaica
13. The Netherlands Antilles
14. Martinique
15. St. Lucia
16. St. Kitts, Nevis, Anguilla
17. St. Vincent & the Grenadines
18. Suriname
19. Trinidad & Tobago
20. The Turks & Caicos Islands
21. The British Virgin Islands
22. The US Virgin Islands

The Organizing Committee reserves the right to invite additional Countries for the Water Polo and Synchronized Swimming Competition in accordance with the current CARIFTA Guidelines.

4. COMPETITION RULES

4.1. THE COMPETITION

The Competition will be conducted in accordance with FINA Rules 2009-2013 in force at the start of the competition. In the preliminary heats of swimming, the start will be "over the top" in the Freestyle, Breaststroke, Butterfly and the Individual Medley events.

4.2. INTERPRETATIONS

The Organizing Committee of CARIFTA 2013 and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to these Competitions. Nominations for the Jury of Appeal shall be submitted at the Technical Meetings.

4.3. AGE GROUPS

Swimming:

A. Competitors will compete in the following Age Groups:

11-12 Female & Male

13-14 Female & Male

15-17 Female & Male

B. The swimmer's age group shall be determined by the age of the swimmer as of **midnight on December 31, 2012.**

Open Water Swimming:

A. Competitors will compete in the following age groups:

13 – 14 Female & Male

15 – 17 Female & Male

B. The swimmer's age group shall be determined by the age of the swimmer as of **midnight on December 31, 2012.**

Synchronized Swimming:

A. Competitors will compete in the following age groups: 12 & Under Female, 13-15 Female, 16-18 Female

B. A Synchronized Swimmer's Age Group shall be determined by the age of the swimmer as of **midnight on December 31, 2013.**

Water Polo:

A. The Age Groups for the CARIFTA Water Polo Competition will be published on the CAIFTA 2013 website as soon as FINA announces the Age Groups for the next FINA Junior Water Polo World Championships.

B. The athlete's age group shall be determined by the age of the player as of **midnight on December 31, 2013.**

5. ELIGIBILITY

- A. All participating Federations must be registered and in good financial standing with FINA, or, affiliated with a member of FINA in good financial standing
- B. Participating Federations must be in good financial standing with all Federations invited to participate in the CARIFTA Swimming Championships.
- C. Competitors must be either citizens of the Country they represent whether by birth or naturalization, provided that a naturalized citizen shall have lived in that Country for at least one year prior to the entry deadline for the Championships. Additionally, non-citizens may be entered providing the competitor has been resident in the country for one (1) year prior to the entry deadline and must not have swum for another country during that period. All Competitors must also be registered with, or a member of, the swimming Federation.
- D. If a Country enters a competitor that is not a citizen of that country by birth or naturalization, the code for that country shall be changed by adding "AG" to the designated three letter FINA country code and used throughout the competition e.g. JAM shall be changed to JAM-AG.

6. PRELIMINARY ENTRIES

Preliminary Entries in each discipline must be made using the Preliminary Entry forms attached or through the form provided on the CARIFTA 2013 website and must reach the Chairperson of the Organizing Committee by **Friday, January 25, 2013.**

The Amateur Swimming Association of Jamaica
Organizing Committee
CARIFTA 2013 Swimming Championships
National Stadium Swimming Pool
Independence Park,
P.O. Box 15,
Kingston 10
Jamaica

Tel: (876) 920-6229 / 920-6230
Email: asaj@cwjamaica.com

Fax: (876) 920-6129

7. FINAL ENTRIES

The Final Entries must be submitted to the Organizing Committee by **Friday March 8, 2013 by 4:00 pm**. The Swimming entries must be submitted using HY-TEK Software. Final Entries must include the following details:

- A. Name, sex and date of birth of each swimmer/synchronized swimmer/Water Polo Player
- B. Events being entered by each swimmer/synchronized swimmer/Water Polo Player
- C. Entry time for seeding purposes (swimming only)
- D. Names of Team Officials and the position held by each official
- E. Names of qualified persons and capacity in which they are willing to serve as Meet Officials.
- F. Passport size photographs of each the athletes, team and meet officials. Photographs must be submitted in electronic format as jpg files. Each picture (jpg file) must specify the full name and Country of the competitor. Photographs must also be compressed in Zip format for efficient transmission. The zip file must be labeled with the name of the Country and aquatic discipline. Please submit separate zip files for each aquatic discipline.
- G. A profile of each swimmer, team and meet official. Profiles should include National and International achievements.
- H. Details of arrival and departure dates of all the athletes, team and meet officials (See attached form)
- I. Despite swimming entry submission in electronic format a team or meet manager's printout, signed by the President or General Secretary of the Federation with the Association's stamp affixed must be faxed or sent to the Organizing Committee Organizing Committee by the **deadline date of Friday, March 8, 2013**

8. ENTRY RULES:

SWIMMING:

- A. **There will be a limit of 8 Competitors in each sex per age group to a maximum of 36 swimmers**
- B. There is no limit to the number of events per swimmer.
- C. No substitutions or alternates will be accepted after the final entries have been submitted, except in relays. All relay participants must have been entered in the meet.
- D. No Competitor will be able to participate in an age group outside of his age group even if it were in an age group older than the competitor.
- E. Each Country will be limited to two (2) competitors per individual event and one (1) Team per relay event.
- F. In the relays, each Country must enter 4 competitors. The order of the swimmers in each relay of the day's proceedings must be handed in to the Clerk of Course one hour before the start of each session.
- G. Individual events longer than 200 Metres will be Timed Finals. All other events will have preliminary heats with one final event. *
- H. Scratches must be presented 30 (thirty) minutes prior to the start of the finals. Failure to comply with the above would trigger the following penalty: A fine of US\$100.00 to be paid immediately upon reporting the scratch. The team will be denied future participation if fine is not paid. Any claims to illness must be supported by medical verification as required under the CARIFTA Guidelines.
- I. The eight (8) fastest swimmers in the preliminaries will qualify for the finals. The 9th and 10th fastest in each preliminary event will be designated as alternates for the finals.
- J. Seeding for the preliminary events will be in accordance with FINA Rule SW3
- K. Any event containing eight (8) or fewer entries will automatically be a final.

**** 400, 800 & 1500 M Timed Final events: all heats except the fastest heat will be swum in the morning session. The fastest heat will be swum in the evening session. The 13-14 and 15-17 age groups will be swum together, with the results and scoring published by age groups.***

NB: PROOF OF TIMES MUST ACCOMPANY ENTRIES FOR EVENTS 400 METRES & OVER. ENTRY TIMES WITHOUT PROOF WILL BE ENTERED AS- NT- "No Time". Copies of meet results indicating the location at which the times were achieved, signed by the meet referee or the President of the National Federation, must accompany entries as proof of times. All times must be submitted as long course metres. In the event athletes only have SCY or SCM times, these must also be submitted but clearly identified as converted times.

OPEN WATER SWIMMING:

- A. Each country shall be able to enter a maximum of three (3) competitors per individual event, in men and women.
- B. Athletes will participate only if they are represented by their delegate from their country at the championship. The competitor's representative must sign and include with the entry form a document exonerating others of responsibility.
- C. All competitors shall be subject to a compulsory medical examination in the venue of the event before the start of the event. Information on this will be provided at the Technical Meeting.
- D. The place and time for the competitions, as well as the plan with the characteristics of the route will be provided to Delegations in the Technical Meeting.

SYNCHRONISED SWIMMING:

- A. Each Country may enter two (2) solos, two (2) duets and one (1) team per age group.
- B. The team must comprise a minimum of four (4) and a maximum of eight (8) competitors.
- C. No competitor may participate out of her age group, even it were an older age group than that of the competitor.

WATER POLO:

- A. Each Country may enter one (1) team per age group.
- B. The team must comprise a minimum of nine (9) and a maximum of thirteen (13) players.

9. TEAM OFFICIALS

Each participating Country may include in its delegation, at the cost indicated in Section 11, the following officials:

NB: The following persons are included in the above allocation of team officials: doctors, masseurs, physiotherapists, chaperones, managers/chefs de mission and coaches. Each of these persons must state the capacity in which they are functioning as team officials

SWIMMING:

- A. Delegations of twelve (12) competitors or less will be allowed three (3) team officials
- B. Delegations of thirteen (13) to twenty four (24) competitors will be allowed five (5) team officials
- C. Delegations of twenty five (25) to thirty six (36) competitors will be allowed seven (7) team officials

OPEN WATER SWIMMING: - 2 Officials

SYNCHRONIZED SWIMMING:

- A. Delegations of four (4) competitors or less will be allowed one (1) team official.
- B. Delegations of five (5) or more competitors will be allowed two (2) team officials.
- C. Delegations will be allowed two (2) qualified judges in addition to the above.

WATER POLO:

- A. Delegations of thirteen (13) competitors or less (1 team) will be allowed three (3) team officials.
- B. Delegations of fourteen (14) to twenty-six (26) competitors (2 teams) will be allowed five (5) team officials.
- C. Delegations of twenty seven (27) to fifty two (52) competitors (3 or 4 teams) will be allowed nine (9) team officials.

Teams from non English-speaking countries will also be entitled to an additional official to serve as a translator. The Organizing Committee will endeavor to provide a bilingual Liaison Officer to be available throughout the competition or as required.

10. REGISTRATION/ACCREDITATION PROCEDURE

- A. On arriving at the Games Village, teams will be checked in and allocated rooms based on the pre-allocation list. If no room allocation list has been provide the OC will allocate room prior to the team arrival.
- B. The Head of Delegation/Team Manager will be taken to the Village Office to complete the following:
 - (1) Delegations will pay to the Organizing Committee the sum total of Meet Fees as invoiced by the host Country based on the final entries. Invoices will be sent to the National Federations by midnight on March 11, 2013. Unless an alternate method is approved in writing by the Organizing Committee, Meet and Entry Fees **must** be paid by midnight on March 22, 2013 by telegraphic transfer to the following account:

Telegraphic Transfer Instructions:

The National Commercial Bank Jamaica Limited
1-7, Knutsford Boulevard,
Kingston 5,
Jamaica
Swift Number JNCBJMKX
For Credit to Account No. 354249677
in the name of **CARIFTA Aquatics Limited**

Should payment by telegraphic transfer be the chosen option, please note that commission charges must be paid by the National Federation and that the meet fees received by the host Country must equate the amount invoiced.

- (2) The athletes proof of age and eligibility will be verified at this time. Athletes' proof of age and eligibility must be provided in the form of a passport.
- (3) Accreditation badges will be issued to each member of the official delegation after payment has been made.
- (4) Submission of flags and anthems.
- (5) The accreditation card must be worn/carried at all times. The loss of an accreditation card must be reported to the Competition' secretariat and will be replaced at a cost of US \$25.00.

11. FEES

Meet Fees for the Competition are as follows:

1. Meet Fee – US \$60.00 per night per member of the Official Delegation (swimmers, team officials & sanctioned meet officials) based on four (4) persons in a room or such a number determined by the male/female ratio and total number of persons in the delegation.

If a **specific request** is made by a Federation for accommodation other than 4 persons per room, the following rates will apply (inclusive of breakfast and dinner);

- Triple rooms - US\$ 75.00 per person per night.
- Double rooms - US\$ 96.00 per person per night
- Single rooms - US\$185.00 per person per night

2. Swimming Entry Fee - US \$3.50 per swimmer per event
3. Swimming Relay Entry Fee - US \$7.50 per team per event
4. Synchronized Swimming Entry Fee - US \$ 5.00 per Solo, Duet or Team
5. Water Polo Entry Fee - US \$100.00 per Water Polo Team
6. Transportation Fee of US\$35.00 per delegation member for the period March 28, 2013 to April 4, 2013 inclusive (Arrivals/departures, hotel/competition venue)

12. TECHNICAL MEETINGS

A. The Technical Meetings will be held on **Friday, March 29, 2013 at 7:00 p.m.** at the Games Village. The Open Water Technical meeting will be held on **Sunday March 31, 2013 at 2:00 p.m.** at the Games Village

Observing the following order:

1. Welcome & introductions
2. Description of Games Village
3. Description of Competition Venue
4. Transportation schedule
5. Breakout meeting for each aquatic discipline with the following agenda:

Swimming:

1. Review of Entries
2. Submission of corrections. Corrections must be submitted in writing and signed by the head coach of the delegation or delegation's representative at the meeting.
3. Submission of nominees for the Jury of Appeal
4. Outline of configuration of pool and location of officials
5. Any other technical matters

Open Water:

1. Review of Entries
2. Submission of corrections. Corrections must be submitted in writing and signed by the head coach of the delegation or delegation's representative at the meeting.
3. Submission of nominees for the Jury of Appeal
4. Outline of the Configuration of the Course and location of Officials
5. Any other Technical Matters

Synchronized Swimming:

1. Synchronized swimming draw
2. Outline of configuration of pool
3. Any other technical matters

Water Polo:

1. Determine competition format
2. Competition draw
3. Any other technical matters

B. The Technical Officials' meeting will be held for each discipline at **8:30 p.m. on Friday March 29, 2013** at the Games Village.

13. PROTESTS

All protests to the Referees' Decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager of the delegation and accompanied by US \$25.00 Protest Fee. If the protest is upheld the fee will be returned to the Delegation's leader.

14. JURY OF APPEAL

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each country shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing at the Technical Meeting on March 29, 2013.
- C. The Jury of Appeal shall be comprised of 3 disinterested persons drawn from the pool of nominees submitted by each country.

15. SCORING AND AWARDS

Points will be awarded as follows:

- **SWIMMING**

PLACE	INDIVIDUAL	RELAYS
1	9	18
2	7	14
3	6	12
4	5	10
5	4	8
6	3	6
7	2	4
8	1	2

- **OPEN WATER**

PLACE	POINTS
1	9
2	7
3	6
4	5
5	4
6	3
7	2
8	1

- **SYNCHRONIZED SWIMMING / WATERPOLO**

PLACE	SOLO	DUET/TEAMS
1	9	18
2	7	14
3	6	12
4	5	10
5	4	8
6	3	6
7	2	4
8	1	2

- A. Independent scoring will be kept in each discipline with the trophies awarded to the top three teams overall in each discipline.
- B. Swimming: - Medals will be awarded to first, second and third place in each event.
- C. Swimming: - A High Point Trophy will be presented to the champion in each age group (female & male).

- D. **Swimming:** - A Performance Trophy will be awarded in each age group to the swimmer who scores the highest FINA points in a single event
- E. **Swimming:** - Medals and trophies will be presented during the evening sessions and at the Closing Ceremony.
- F. **Open Water Swimming Medals** will be awarded to first, second and third place in each event.
- G. **Synchronized Swimming:** - places and points will be determined according to the swimmers scores (all entries can score points).
- H. **Synchronized Swimming:** - Medals will be awarded to first, second and third place in each event - (only one entry per country can win a medal).
- I. **Water Polo:** - Medals will be awarded to first, second and third place in each age group (including the team coach).
- J. **Water Polo:** - Trophies will be awarded to the top goal scorer, best defensive player and the best goal keeper in each age group (determined by a committee to be selected at the Technical Committee Meeting)

16. OPENING OF POOL

Swimming - The pool will be opened 90 minutes before the scheduled start of the Competition Session except prior to the Opening Ceremony - (Session 2) when the pool will be opened ninety (90) minutes before the start of the Ceremony. The pool will be closed 15 minutes before the start of the competition.

Water Polo - The pool will be available for warm up forty five (45) minutes before Match time.

17. FLAGS AND ANTHEMS

Each Delegation shall provide:

- A. Three (3) flags of their country no larger than 4 feet by 6 feet.
- B. A compact disk of their National Anthem with a time span of not longer than thirty (30) seconds.

18. CEREMONIES

- A. There will be a twenty five (25) minute Opening Ceremony on the first day of the Competition at the National Stadium Pool, March 30, 2013 from 5:30 p.m. to 5:55 p.m. at the Aquatic Centre.
- B. There will be a Closing Ceremony at the end of the Competition when the trophies will be presented.

19. TRANSPORTATION

- A. Teams will be responsible for arranging their own transportation to and from Jamaica and the cost thereof.
- B. Official delegations and approved meet officials will be met at the Norman Manley International Airport by Organizing Committee Volunteers and transported to the Games Village.
- C. Official delegations and approved Meet Officials will be transported from the Games Village to the Airport for departure at the end of the Competition.
- D. Official Delegations and approved Meet Officials will be transported between the Games Village and the Competition Venue. A Transportation schedule will be published.
- E. The Jamaica departure tax is US\$ \$27.00 per person. This is usually included in the airline ticket cost but verification is necessary.

20. ACCOMMODATION AND MEALS

- A. Dinner will be provided on Friday March 29, 2013. Breakfast and dinner will be provided from Friday, March 30, 2013 through to Tuesday, April 2, 2013 and breakfast on Wednesday April 3, 2013.
- B. Teams will be responsible for their own lunches; however, a boxed take away lunch option will be made available at US \$7.50 per lunch. Details will be provided on the competition website.

NOTE: The rates indicated above are guaranteed only for the period March 29, 2013 to April 3, 2013. Please contact the Organizing Committee for rates outside of this period.

21. CONTACT INFORMATION

Mr. Martin Lyn
President - Amateur Swimming Association of Jamaica (ASAJ)
Chairperson, Organizing Committee 2013 CARIFTA Swimming Championships
National Stadium Pool, Independence Park, Kingston 6
P.O. Box 15, Kingston 10 Jamaica
Tel: (876) 920-6229/920-6230
Fax: (876) 920-6129
Email: asaj@cwjamaica.com

22. TECHNICAL OFFICIALS

Federations or Individuals may apply to the Organizing Committee requesting to serve as Technical Officials in the Swimming or Synchronized Swimming Competition. Application Forms should be completed by the Technical Official, signed by the Federation President or Secretary and submitted to the Chairman of the Organizing Committee & President of the ASAJ, Martin Lyn no later than **January 11, 2013**.

Officials who are accepted to work at the 2013 CARIFTA Swimming Championships will enjoy the accommodation and transportation rates quoted in this Summons.

Officials who are selected will be notified by January 31, 2013.

23. SUPPORTERS

The Organizing Committee will be arranging a Supporters package that will include accommodation, transportation and accreditation costs. Information will be posted on the official 2013 CARIFTA website www.swimjamaica.com

**COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS**

• **Session # 1 DAY 1**

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March 30, 2013 - Start 9:00 a.m.

Event 1	F	800 M Freestyle (slower heats)	13-14 & 15-17 Timed Finals
Event 2	M	1500 M Freestyle (slower heats)	13-14 & 15-17 Timed Finals
Event 3/4	F/M	200 M Breaststroke	11-12 Prelims
Event 5/6	F/M	200 M Breaststroke	13-14 Prelims
Event 7/8	F/M	200 M Breaststroke	15-17 Prelims
Event 9/10	F/M	50 M Backstroke	11-12 Prelims
Event 11/12	F/M	50 M Backstroke	13-14 Prelims
Event 13/14	F/M	50 M Backstroke	15-17 Prelims
Event 15/16	F/M	100 M Butterfly	11-12 Prelims
Event 17/18	F/M	100 M Butterfly	13-14 Prelims
Event 19/20	F/M	100 M Butterfly	15-17 Prelims
Event 21/22	F/M	4x100 M Freestyle relay	11-12 Prelims
Event 23/24	F/M	4x100 M Freestyle relay	13-14 Prelims
Event 25/26	F/M	4x100 M Freestyle relay	15-17 Prelims

Session # 2 DAY 1

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March 30, 2013 - Start 6:30 p.m.

Event 1	F	800 M Freestyle (fastest heat)	13-14 & 15-17 Timed Finals
Event 2	M	1500 M Freestyle (fastest heat)	13-14 & 15-17 Timed Finals
Event 3/4	F/M	200 M Breaststroke	11-12 Finals
Event 5/6	F/M	200 M Breaststroke	13-14 Finals
Event 7/8	F/M	200 M Breaststroke	15-17 Finals
Event 9/10	F/M	50 M Backstroke	11-12 Finals
Event 11/12	F/M	50 M Backstroke	13-14 Finals
Event 13/14	F/M	50 M Backstroke	15-17 Finals
Event 15/16	F/M	100 M Butterfly	11-12 Finals
Event 17/18	F/M	100 M Butterfly	13-14 Finals
Event 19/20	F/M	100 M Butterfly	15-17 Finals
Event 21/22	F/M	4x100 M Freestyle relay	11-12 Finals
Event 23/24	F/M	4x100 M Freestyle relay	13-14 Finals
Event 25/26	F/M	4x100 M Freestyle relay	15-17 Finals

• **Session # 3 DAY 2**

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March 31, 2013 - Start 9:00 a.m.

Event 27/28	F/M	200 M Freestyle	11-12 Prelims
Event 29/30	F/ M	200 M Freestyle	13-14 Prelims
Event 31/32	F/M	200 M Freestyle	15-17 Prelims
Event 33/34	F/M	50 M Butterfly	11-12 Prelims
Event 35/36	F/M	50 M Butterfly	13-14 Prelims
Event 37/38	F/M	50 M Butterfly	15-17 Prelims
Event 39/40	F/M	100 M Backstroke	11-12 Prelims
Event 41/42	F/M	100 M Backstroke	13-14 Prelims
Event 43/44	F/M	100 M Backstroke	15-17 Prelims
Event 45/46	F/M	400 M IM (slower heats)	11-12 Timed Finals
Event 47/48	F/M	400 M IM (slower heats)	13-14 Timed Finals
Event 49/50	F/M	400 M IM (slower heats)	15-17 Timed Finals
Event 51/52	F/M	4x100 M Medley relay	11-12 Prelims
Event 53/54	F/M	4x100 M Medley relay	13-14 Prelims
Event 55/56	F/M	4x100 M Medley relay	15-17 Prelims

**COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS**

Session # 4 DAY 2

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March 31, 2013 - Start 6:00 p.m.

Event 27/28	F/M	200 M Freestyle	11-12 Final
Event 29/30	F/ M	200 M Freestyle	13-14 Final
Event 31/32	F/M	200 M Freestyle	15-17 Final
Event 33/34	F/M	50 M Butterfly	11-12 Final
Event 35/36	F/M	50 M Butterfly	13-14 Final
Event 37/38	F/M	50 M Butterfly	15-17 Final
Event 39/40	F/M	100 M Backstroke	11-12 Final
Event 41/42	F/M	100 M Backstroke	13-14 Final
Event 43/44	F/M	100 M Backstroke	15-17 Final
Event 45/46	F/M	400 M IM (fastest heat)	13-14 Timed Finals
Event 47/48	F/M	400 M IM (fastest heat)	13-14 Timed Finals
Event 49/50	F/M	400 M IM (fastest heat)	15-17 Timed Finals
Event 51/52	F/M	4x100 M Medley relay	11-12 Final
Event 53/54	F/M	4x100 M Medley relay	13-14 Final
Event 55/56	F/M	4x100 M Medley relay	15-17 Final

• **Session # 5 DAY 3**

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April 1, 2013 - Start 9:00 a.m.

Event 57/58	F/M	200 M Individual Medley	11-12 Prelims
Event 59/60	F/M	200 M Individual Medley	13-14 Prelims
Event 61/62	F/M	200 M Individual Medley	15-17 Prelims
Event 63/64	F/M	50 M Breaststroke	11-12 Prelims
Event 65/66	F/M	50 M Breaststroke	13-14 Prelims
Event 67/68	F/M	50 M Breaststroke	15-17 Prelims
Event 69/70	F/M	100 M Freestyle	11-12 Prelims
Event 71/72	F/M	100 M Freestyle	13-14 Prelims
Event 73/74	F/M	100 M Freestyle	15-17 Prelims
Event 75/76	F/M	200 M Butterfly	11-12 Prelims
Event 77/78	F/M	200 M Butterfly	13-14 Prelims
Event 79/80	F/M	200 M Butterfly	15-17 Prelims
Event 81/82	F/M	4x200 Free Relay	13-14 Prelims
Event 83/84	F/M	4x200 Free Relay	15-17 Prelims

Session # 6 DAY 3

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April 1, 2013 - Start 6:00 p.m.

Event 57/58	F/M	200 M Individual Medley	11-12 Final
Event 59/60	F/M	200 M Individual Medley	13-14 Final
Event 61/62	F/M	200 M Individual Medley	15-17 Final
Event 63/64	F/M	50 M Breaststroke	11-12 Final
Event 65/66	F/M	50 M Breaststroke	13-14 Final
Event 67/68	F/M	50 M Breaststroke	15-17 Final
Event 69/70	F/M	100 M Freestyle	11-12 Final
Event 71/72	F/M	100 M Freestyle	13-14 Final
Event 73/74	F/M	100 M Freestyle	15-17 Final
Event 75/76	F/M	200 M Butterfly	11-12 Final
Event 77/78	F/M	200 M Butterfly	13-14 Final
Event 79/80	F/M	200 M Butterfly	15-17 Final
Event 81/82	F/M	4x200 Free Relay	13-14 Final
Event 83/84	F/M	4x200 Free Relay	15-17 Final

**COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS**

• **Session # 7 Day 4**

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April 2, 2013 - Start 9:00 a.m.

Event 85/86	F/M	400 M Freestyle (slower heats)	11-12 Timed finals
Event 87/88	F/M	400 M Freestyle (slower heats)	13-14 Timed Finals
Event 89/90	F/M	400 M Freestyle (slower heats)	15-17 Timed finals
Event 91/92	F/M	50 M Freestyle	11-12 Prelims
Event 93/94	F/M	50 M Freestyle	13-14 Prelims
Event 95/96	F/M	50 M Freestyle	15-17 Prelims
Event 97/98	F/M	100 M Breaststroke	11-12 Prelims
Event 99/100	F/M	100 M Breaststroke	13-14 Prelims
Event 101/102	F/M	100 M Breaststroke	15-17 Prelims
Event 103/104	F/M	200 M Backstroke	11-12 Prelims
Event 105/106	F/M	200 M Backstroke	13-14 Prelims
Event 107/108	F/M	200 M Backstroke	15-17 Prelims
Event 109/110	F/M	4x50 M Freestyle Relay	11-12 Prelims
Event 111/112	F/M	4x50 M Freestyle Relay	13-14 Prelims
Event 113/114	F/M	4x50 M Freestyle Relay	15-17 Prelims

Session # 8 Day 4

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April 2, 2013 - Start 6:00 p.m.

Event 85/86	F/M	400 M Freestyle (faster heat)	11-12 Timed finals
Event 87/88	F/M	400 M Freestyle (faster heat)	13-14 Timed Finals
Event 89/90	F/M	400 M Freestyle (faster heat)	15-17 Timed finals
Event 91/92	F/M	50 M Freestyle	11-12 Final
Event 93/94	F/M	50 M Freestyle	13-14 Final
Event 95/96	F/M	50 M Freestyle	15-17 Final
Event 97/98	F/M	100 M Breaststroke	11-12 Final
Event 99/100	F/M	100 M Breaststroke	13-14 Final
Event 101/102	F/M	100 M Breaststroke	15-17 Final
Event 103/104	F/M	200 M Backstroke	11-12 Final
Event 105/106	F/M	200 M Backstroke	13-14 Final
Event 107/108	F/M	200 M Backstroke	15-17 Final
Event 109/110	F/M	4x50 M Freestyle Relay	11-12 Final
Event 111/112	F/M	4x50 M Freestyle Relay	13-14 Final
Event 113/114	F/M	4x50 M Freestyle Relay	15-17 Final

OPEN WATER SWIMMING April 3, 2013 - Start 9:00 a.m.

Event 115/116 F/M	5 Kilometer	13-14 Timed Final
Event 117/118 F/M	5 Kilometer	15-17 Timed Final

[Updated: November 9, 2012](#)